

GREEN PLEDGE, ACKNOWLEDGEMENT OF RISKS AND RELEASE OF CLAIMS

Interpretation : "Himalayan Ecotourism" firm, the "GHNP Community-Based Ecotourism Cooperative Society", their proprietors, members, employees, agents, associates, representatives and support personnel, shall hereafter be referred to as "Himalayan Ecotourism".

Green pledge: We promise to be responsible trekkers/tourists. We will not pollute the trails, campsites or water bodies and we will bring back my own waste. As our contribution to leave the trail in a better condition, we will use the trash bag given by Himalayan Ecotourism for cleaning the trek trail while coming back.

We, the undersigneds, desire to participate in a trip organized by Himalayan Ecotourism.

Acknowledgement of Risks and Release of Claim: We understand the trip will take place in the wilderness and that there are inherent dangers associated with this type of activity. The trip may include but is not limited to the following potentially hazardous activities: trekking, camping in the wilderness, and local ground transportation. These potentially hazardous activities can cause personal injury, property damage, death or illness.

In recognition of the potentially hazardous nature of the elective trip, we, and our heirs, do hereby fully assume all risk of illness, injury, death and hereby release and discharge Himalayan Ecotourism from all actions, claims or demands for damages resulting from our participation in their trip.

In recognition of the inherent risks of the activity in which we will engage, we confirm that we are physically and mentally capable of participating in the activity. Our participation is voluntary and we will assume financial responsibility for personal injury, accidents, illness and damage to or loss of personal property as the result of any incident or accident that may occur.

We are also aware that medical services and facilities may not be readily available and accessible during some or all the time in which we are participating in the trip.

We hereby release Himalayan Ecotourism from all claims of negligence arising from my participation in the activity, except for the willful misconduct of Himalayan Ecotourism.

We further agree to hold harmless and indemnify the Himalayan Ecotourism for all defense costs, including attorney's fees, and any other costs resulting in connection with my participation in this activity.

We realize that Himalayan Ecotourism may find it necessary to terminate an activity due to forces of nature, medical necessities or problems in the group and/or refuse or terminate the participation of any person Himalayan Ecotourism judges to be incapable of meeting the rigors or requirements of participating in the activity. We accept the Himalayan Ecotourism's right to take such actions.

We understand that this release relates to all claims and liability during or after the trip resulting from a pre-existing medical condition.

Photograph Authorization: We agree that any photographs taken by Himalayan Ecotourism during the trip, on which we appear, may be used on Himalayan Ecotourism social media and/or website.

We have read this entire release of claims, fully understand it and have satisfied our questions and concerns regarding the above-mentioned trip by talking with the Himalayan Ecotourism team.

Name of participant	Postal address	Date	Signature (legal guardian if minor participant)

Minors must have this form filled in and signed by a parent or a legal guardian.